

Ramona Dawg Pound Youth Wrestling (RDPYW) Wrestlers Code of Conduct

1. No wrestler is to abuse any coach or fellow wrestler physically or verbally.
2. Wrestlers must listen to and follow the directions of all coaches.
3. Wrestlers will be expected to work hard at practice or will be asked to sit out.
 1. Wrestlers are not to be disruptive during practice or competitions.
4. At all times, wrestlers must conduct themselves in a mature and respectful manner.
 - A. No unsportsmanlike yelling or cheering if a wrestler is hurt.
 - B. Win or lose, wrestlers MUST shake hands and congratulate their opponent.
 - C. No vulgar or obscene gestures of any kind should ever be made by a wrestler.
 - D. No Wrestler is to use abusive and/or profane language before anybody connected with RDPYW function (practices, tournaments, meetings, etc.)
5. All wrestlers are to treat all property and equipment with respect at all schools. Violation of this code of conduct will result in disciplinary action.
6. Wrestlers should make every effort to attend all scheduled practices.

Violation of this code of conduct will result in disciplinary action, up to and including dismissal from the team.

By signing this form, we understand that both parent(s) and wrestler(s) have agreed to abide by these codes and the disciplinary actions that may result if violated.

Parent's Signature _____ Date _____

Wrestler's Signature _____ Date _____

Ramona Dawg Pound Youth Wrestling (RDPYW) Parents Code of Conduct

1. No parent or fan is to abuse another parent, fan, coach, wrestler, or referee physically or verbally. If a parent has a problem, concern or issue with a fan, wrestler or another parent, the only proper venue for discussion is with the director in private at an appropriate time.
2. All parents are to conduct themselves in a sportsmanlike manner:
 - a. No unsportsmanlike yelling, such as: booing, teasing, or cheering if a wrestler is hurt or losing. No instructions to take specific advantage of any injury incurred by an opponent while wrestling.
 - b. No unsportsmanlike gestures of any kind will be allowed
 - c. No parent is to use abusive and/or profane language before anybody connected with RDPYW function (practices, tournaments, meetings, etc.)
3. Except in an emergency, no parent is to interfere with practices, meets or coaching at any time. Parents may observe and are to wait until after practices to interact with their child or talk with the coaches unless a coach requests a conversation. Coaches will be glad to talk to parents in private about any issue or problem before or after practices or meets as their schedule allows. Also, we ask all wrestlers to remain silent when a coach is teaching, and we require the same of all spectators. If you would like to carry on a conversation with another spectator during practice, please move outside the wrestling room.
4. Please see that your child is picked up at the designated time after practice. The coaches will try to finish practice as close to the designated time as possible.
5. Please remember that this program is for our youth, but in no way is it to be used as an excuse for unfinished homework (must have and maintain a passing grade) or other responsibilities. Explain this to your child so he/she can plan his/her time wisely.
6. Parents are NOT permitted to coach their child (on the edge of the mat) at any official practice or competition unless you are an approved Coach and have on you, your USA coaching card. Parents are to remain in designated spectator Wrestling Club practices and tournaments.
7. Parents, as well as their athletes, will be held responsible for their code of conduct.

Violation of this code of conduct will result in disciplinary action up to and including dismissal from any or all RDPYW practices, functions, and tournaments.

By signing this form, I understand that I have agreed to abide by these codes and the disciplinary actions that may result if violated.

Parent's Signature _____ Date _____